



Canoe from Laurier Park to Goldbar Park

Join your friends for a scenic canoe ride through the centre of Edmonton. Start with a **Bring Your Own Picnic Lunch** at Laurier (11:30 am to 12:30 pm), then canoe from Laurier Park to Goldbar (16 km) and complete the day with a **BBQ** back at Laurier Park.

When	Wednesday, August 5 , 2009	
Meeting Place	11:30 a.m. at the Boat Launch at Laurier Park. Picnic Lunch	
Departure Time	12:30 a.m. by canoe.	
Return Time	Between 3:30 to 4:00 p.m. by bus from Goldbar to Laurier.	
Cost	Canoeing (rental canoe) \$40.00 BBQ @ Laurier Park \$ 6.00	Transportation of Personal Canoe/Kayak \$ 25.00
What's included?	Canoe, paddles, life jackets, rope, bailer, whistle. (For safety, only 2 persons per canoe.) Transportation back from Goldbar Park.	
What should you bring?	<ol style="list-style-type: none"> 1. Drinking water, 2. Hat, Sunscreen, Raingear 3. Change of clothing, 4. Extra pair of shoes, 5. Dry bag for these items is a good idea, 6. Picnic lunch (before starting the canoe trip- 11:30 to 12:30 pm.) 7. Lawn chair for BBQ. 	
Who is taking us?	A company called CANOEHEADS. Visit their website at www.canoeheads.com .	
How many can go?	CANOEHEADS has 14 canoes available for us (28 people). Reservation is on a first paid basis. To reserve your spot, send your cheque now.	
What about the weather?	We go rain or shine. If unpredicted severe weather or sustained unsafe winds arise at the trip time, then the operator will reschedule.	
Where's the BBQ?	<p>The BBQ (\$6.00/person) will be held at Site #8 at Laurier Park at approximately 4:30 pm. (The site has been booked from 3:00 to 6:00 pm.)</p> <p>Liquid refreshment of any kind will <u>not</u> be supplied. Please bring your own. Officially, no liquor is allowed at the site.</p> <p>Anyone wishing to only partake in the BBQ, please send in the attached form. Everyone is welcome. A great opportunity to renew acquaintances</p>	
Deadline	Please have your completed form and a cheque (for both canoeing and/or BBQ) written to Rocky Mountain Seniors Ski Club to Klaus Kyrityz, 29 Welland Cresc. St. Albert, AB, T8N 3W3 (ph 458-0293) by July 3/09.	

Canoeing Sign-Up 2009

Person A

Name		
Email Address		
Phone		
I will share a canoe with		
Please indicate your participation below:		
	Rental Canoe/Per Person	\$40.00
	Transportation by Canoeheads of Personal Canoe	\$25.00
	BBQ August 5/08	6.00
Total amount enclosed		

Person B

Name		
Email Address		
Phone		
I will share a canoe with		
Please indicate your participation below:		
	Rental Canoe/Per Person	\$40.00
	BBQ August 5/08	6.00
Total amount enclosed		

If possible, try to line up the person that you want to canoe with before sending in your application

Exclusion of Liability and Release: I realize that there are inherent dangers involved in my participation in these canoeing activities. By signing this form, I assume all risk of personal injury, death or property loss or any other loss resulting from any cause whatsoever arising from my participation in these activities and in any associated activities. I hereby waive all claims for all possible causes of action of any nature that I may have against the Rocky Mountain Senior Ski Club, its officers, organizers, employees, participants and sponsors, or any one or more of them, from all claims of any nature that I may have, and from any liability in relation to any of those claims, arising out of my participation in any of these activities.

Date: _____

Signature A: _____

Date: _____

Signature B: _____

Remember to include your cheque!!