

## *Rocky Mountain Seniors Ski Club*

Welcome to Winter - November 22, 2011

### Schedule of Activities

<b>Displays</b> - upper lodge 9:30 am - Noon	Welcome to Winter Display - registration for afternoon activities. Ski Tours. On-hill Ski Programs at Snow Valley. Last chance to buy tickets to the Fall Dinner.
<b>Demo skis</b> 9:30 - noon	Sundance, Skiers, and Mud, Sweat and Gears will have a selection of demo skis available for your to try out.
<b>Coffee and goodies</b> 10:30 am	In the upper lodge. Welcome new members, visit with old friends.
<b>Sharing accommodation</b> 10:30 am	Looking for someone to share accommodation on one of the Club's tours? Add your name and possible tour to the list of those wishing to share accommodation. This list will then be shared with others who are interested in the same tour.
<b>Bindings Check</b> 11:00 am - 1:00 pm	A computer simulates a fall and tests to see if your bindings would release. Bring your skis and a boot to the rental shop. A donation to the Community Initiatives Program would be appreciated. You are more than welcome to drop off your skis and one boot for pick-up at a later date.

<b>Register</b> for these free activities at the Welcome to Winter display in the upper lodge.	
<b>Explore Telemarking</b> 11:00 am - 12:00 noon	Try telemarking with the guidance of an instructor. Rentals at no cost. Meet in the rental shop at 10:45 am.
<b>Ski Tips</b> 11:15 am - 2:45 pm	Spend 30 minutes with one of Snow Valley's ski instructors and get a personal ski tip.
<b>Tuning Demonstration</b> Noon - 1:00 pm	Want to be able to tune your skis? Meet in the Rental Shop for a demonstration of hand tuning tools. Snow Rider Shop will offer a 25% discount on hand tuning tools in the store.
<b>Explore Carving</b>	Want your shaped skis to do most of the work while

12:30 pm to 1:30 pm	you're skiing? Meet with an instructor at the ski school meeting place who will show you the basics.
<b>Explore Snowboarding</b> 12:30 - 1:30 pm	Want to try snowboarding? Here's your chance. Meet with an instructor in the rental shop at 12:15. Rentals at no cost.
<b>Intro to Syncro Skiing</b> 1:30 - 2:30 pm	What is syncro skiing? Find out by meeting an instructor at the ski school meeting place and try it out.