

# SKI TRACKS

## President's Notes

Since I am recovering from knee surgery, Jim Vine, our Past-President prepared this on my behalf.

The Club held its 2019 Annual General Meeting on April 24 with about 140 members in attendance. As happens every year, members heard the reports from Membership, Ski Tours, and the Treasurer; the Executive thanked those members of the Executive who have fulfilled their term, and the Club nominated new Executive members.

The Treasurer presented the financial results of the Club, the proposed budget and Membership fee for the 2019-2020 financial year. Some costs are declining (for example, by using the web-site to provide copies of the Tour Hosts Manual, printing costs were reduced) while others are rising (for example, Membership Accident Insurance and Directors Insurance). The Club is going to start using "Wild Apricot" a software product that allows members to register for membership and events online. This will save countless hours of volunteer time (the Club is run through the efforts of many volunteers) and provide better service to our growing membership base. The software is not free and is not intended to eliminate the Membership Registration Day held each October. Membership Day is important. It allows members to see the details of the upcoming ski tours, renew friendships, meet new members and to register or pick up their new membership cards. Therefore, to accommodate Wild Apricot and Ride With GPS (a biking program) costs and to allow the Club to grow its Event Reserve Fund, the Treasurer recommended a fee increase to \$35. After some discussion the increase was unanimously approved and will go into effect at the start of the next membership year on November 1, 2019.

The Executive loses several members effective the close of the meeting.

*Bonnie Burn* joined the Executive in the spring of 2017 as a Social Coordinator. Bonnie assisted in organizing the spring and fall dinners, the summer BBQs, the biking wrap-up lunches and the many Executive meetings. Thank you Bonnie for your fine efforts.

*Gaye Carter* started as a volunteer Ski Tour Coordinator a year before joining the Executive. One could say that she has actually served three years as a Ski Tour Coordinator. Thank you Gaye for your contributions.

*Rob Fenton* joined the Executive in 2017 as a Special Activities Coordinator. He was often present at the Tuesday and Thursday bike meeting locations to introduce and organize the bike leaders. Rob, thank you for your service.

*Blaine Larsen* has served two years as a Tour Coordinator. The Past-President noted that Blaine and Gaye are siblings who put aside their sibling rivalry in the support of the Club. Thank you Blaine for your two years on the Executive.

*Deanna Sharratt* has served two years as one of our Membership Coordinators. Due to the significant growth in our membership, the Club decided to enlist the assistance of a second Coordinator and Deanna was the first "second" Membership Coordinator. Deanna, thank you for your efforts assisting with membership duties.

*Wendy Saunders* has been the Club Secretary for 4 years. She diligently and patiently served under three presidents and carefully incorporated into Club minutes the matters discussed at Executive meetings and Annual General Meetings. Thank you Wendy for your 4 years of support.

The Past-President proposed the following members for election to the Club Executive:

Membership Coordinator – Terry Legaarden  
 Special Activities Coordinator – Lang Jameson  
 Social Events Coordinator – Penny Slevinskiy  
 Ski Tour Coordinators – Reg Beyer and Paul Precht  
 Secretary – Angela Kerr

With the growth of the Club membership, and the automation of Club registration activities, the Executive approved the addition of a second position for WebMaster.

WebMaster – James Donelon

Every second year, the Club elects a Vice-President with the expectation that the individual will serve as President and then Past-President.

Vice-President – Rosalynn Ruptash (who will also continue for one more year as Communications/Newsletter Coordinator)

Following a call for nominations from the floor, the membership elected the proposed new Executive members.

The Club Bylaws state that the books and records of the Club are to be audited by auditors elected at each Annual General Meeting. Last year the auditors were Lucille Murdock and Brian Craig. They agreed to perform the audit for the 2019-2020 financial year and the membership appointed them.

Just saying thank you doesn't seem to be enough to express how grateful we are so I will say it again- thank you, merci, grazie, danke.

As summer approaches, our biking and golf activities are again underway.

May you have a safe and active summer, may new friendships arise and I hope to be biking with you soon.

JoAnn Grand  
 President, RMSSC

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**Getting to know** by Jim Vine  
 will return soon

# Spring Dinner May 16, 2019

Woodvale Community Facility  
4540 - 50 Street NW Edmonton

\$40 per person  
5:00pm Cash Bar  
6:00pm Dinner

### MENU

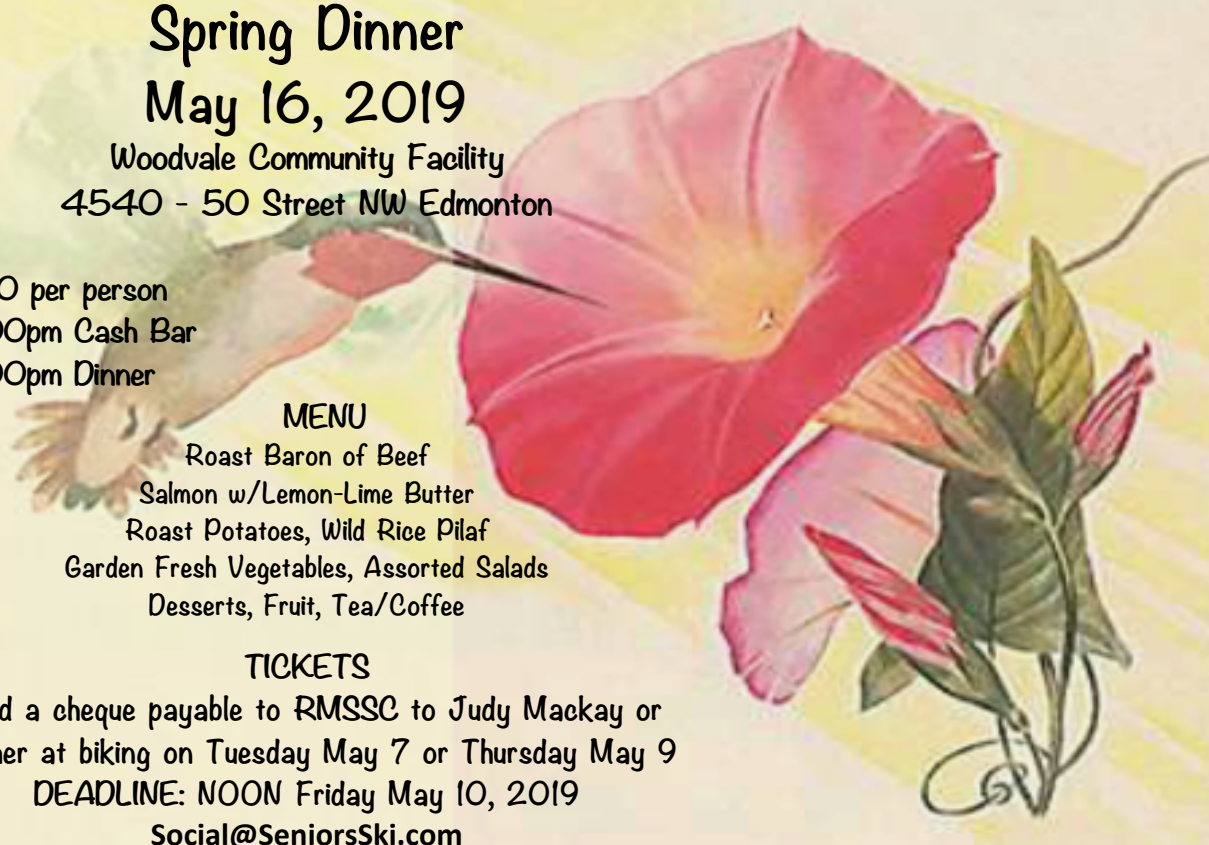
Roast Baron of Beef  
Salmon w/Lemon-Lime Butter  
Roast Potatoes, Wild Rice Pilaf  
Garden Fresh Vegetables, Assorted Salads  
Desserts, Fruit, Tea/Coffee

### TICKETS

Send a cheque payable to RMSSC to Judy Mackay or  
see her at biking on Tuesday May 7 or Thursday May 9  
**DEADLINE: NOON Friday May 10, 2019**

[Social@SeniorsSki.com](mailto:Social@SeniorsSki.com)

food ~ fellowship ~ laughter ~ door prizes



## Summer Activities

RMSSC Fun in the Sun!

Summer wax on the skis means it is time to grease the bikes and shine up the golf clubs! Get ready for another season of weekly rides as well as Special Rides to Fort Saskatchewan, St Albert and Sherwood Park and cycling trips to Canmore, Calgary and Camrose. Registration for many of these has already opened! Check your email or our website under the “Cycling” tab [HERE](#).



Learn about cycling group levels Green through to Double-Black [HERE](#)  
Cycling Manual and other good information [HERE](#)

Weekly Rides start May 7 at Hawrelak Park. Check the schedule in the Members Only Section [HERE](#).

New or returning to cycling after a long time away from it? Build your confidence with RMSSC “Learn to Bike Again” starting May 7. For more info email [activities@SeniorsSki.com](mailto:activities@SeniorsSki.com)



GOLF starts next week on May 6! The weekly golf registration announcement has been sent. Come out and join the Monday gang for a round of 9 holes! All skill levels are welcome. Golf details found [HERE](#) under the “Golf” tab

Looking forward to seeing you actively out there this summer,

Tom Richards and Lang Jameson  
Special Activities Coordinators [activities@SeniorsSki.com](mailto:activities@SeniorsSki.com)

## Leaders Required

Got leadership skills? Like to cycle? Somewhat familiar with bike trails in Edmonton? Like to have FUN? You're perfect!

Ride Leaders of all levels for 2019 Tuesday and Thursday cycling days required. **Training provided.** Contact us at [activities@SeniorsSki.com](mailto:activities@SeniorsSki.com)

Tom Richards and Lang Jameson  
Special Activities Coordinators



## Golfing Needs YOU!

The golfing group needs new hosts for the golf tournament. The course is booked, a lot is already organized, your golfers are guaranteed!

If you are interested in helping the club, send us an email at [activities@seniorsski.com](mailto:activities@seniorsski.com)

It will be better with you!

Tom Richards and Lang Jameson  
Special Activities Coordinators



## Cyclists

arrive 9:30am to be ready for  
9:45am departure on Tuesday & Thursday mornings  
Thanks



Rocky Mountain Senior Ski Club  
successful because of volunteers like YOU!



from RMSSC Executive



# Silver Star #1 Tour

## January 20-25, 2019

We had Bluebird Days, we had POWdays, we had amazing days! We had old friends meeting one another again, and we made new best friends. Yup, that's Silver Star Mountain Resort! As one of the tour hosts, it's like coming home for me. It's been "MY" favourite Mountain resort for the past 44 years!



While it continues to evolve, like this year's addition of a Gondola from the Village up to the top of Attridge, it's got a quaintness about it! The on-hill accommodation, the wafting of Franks' delicious baking coming from Bugaboos Bakery, the horse and sleigh rides to the Wild Horseman's Cabin, the tube town races... it all adds up to a great place to be!



hours, including a sing-a-long hosted by my Co-Host Chris Brennan and his roommates with Greg Wilkes directing the band which included guitars, percussion, harmonica and melodic (or not) voices!

There were a few folks that broke the Cardinal Rule of skiing... No Injuries!! We had 3 injuries and with the exception of one, they were relatively minor and we all wish them a speedy and complete recovery. I'm sure we will see all 3 back on the slopes by next year!

Meals for the Welcome Party and the Club dinner were excellent and the caterers were very accommodating to food sensitivities. It was a great trip and from what I hear, Silver Star has become a new favourite for many others besides me!

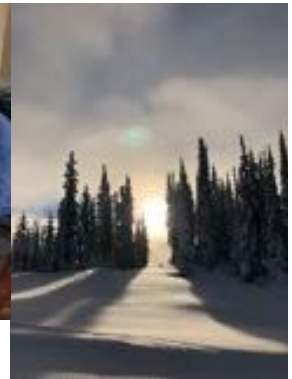
Respectfully submitted by  
Ursula Stewart (and Chris Brennan)  
Silver Star #1 Tour Hosts



*We did more than skiing. Not pictured: tubing!*



*Apres ski fellowship*



*A stunning view*



*Loving Silver Star!*



*from RMSSC Executive*

## 'Getting to Know' Index

Our club is filled with members who have interesting backgrounds and personal history! Kudos to Jim Vine for interviewing club members and writing these stories for us. It is an excellent way to learn about each other!

Keep this list of which members have been featured in "Getting to Know" listing year, newsletter month and interviewees name. Please feel free to read past issues on our website. Here's how. Go to: [SeniorsSki.com](http://SeniorsSki.com) click on: **Our Stories -> Newsletter -> Year** then select the issue you would like to read. It really is that easy!

### 2019

Jan: Ursula Maydell  
Feb: Paul Precht

### 2018

Jan: Mike Tansey  
Jan: Dennis & Georgie Brooks  
Feb: Don Scheer  
Mar: Esther & Gordon Oaks  
Apr: David Burrows (lives in Australia)  
Sept: Max Mayer  
Nov: Angele Joly

### 2017

Jan: Mike Tansey  
Mar: Muriel Watterworth  
Apr: Mike & Linda Person  
July: Dick Foose  
Sept: Fran Cuyler  
Oct: Carl Ulrich

### 2016

July: Kris Fisher  
Sept: Hamish Rankin  
Oct: Marjorie Anderson  
Nov: Gene & Elaine Dextrase

Have a recommendation on a club member to feature?  
Contact Jim Vine or any Executive member.

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*Life is like riding a bicycle;  
in order to keep your balance  
you must keep moving.*  
*Albert Einstein*

## Save the Date

### July 25, 2019

Summer BBQ at Woodvale Community Facility.  
Watch for details in June Newsletter, your email and on our website [SeniorsSki.com](http://SeniorsSki.com)

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Thank-you to everyone who submitted articles, images and proofread the newsletter! Rosalynn

## Register your BIKE

The incidences of bike theft in the Edmonton area have risen year over year. Thieves will steal your bike from anywhere when it is left unattended for even brief periods of time. It could be from your garage, an underground parkade or even if it is locked up at a coffee shop while you are waiting for your latte. A lot of the thefts are crimes of opportunity: a thief sees an unlocked bike and no one watching it. Many bike thefts are targeted. There are numerous YouTube videos that show how to properly lock up a bike to make it more difficult to steal. A cable lock can be cut in seconds with bolt cutters and even a good U-lock can be defeated by an angle grinder and time.

What can you do to prevent your bike from being stolen?



Making it more difficult to steal than a nearby bike is a good start. Even if stored in your garage or underground parkade, your

bike should always be **locked to an immovable object with at least 1 good U-lock**. There is certainly no guarantee that any effort you make will be a deterrent. The thieves are very good at what they do!

There is one thing that you should be doing: be proactive about recording everything about your bike **including photos**. The more valuable your bike, the more info you should record. Take pictures of it. Get as much documentation as possible such as make, model, size, colour, components and, most importantly, the **serial number**.

Every bike has a unique serial number, usually found engraved under the bottom bracket on a metal bike or on a sticker on the down tube or bottom bracket on a carbon fibre bike. Record this number in a safe place then register all the information on free, online databases such as [Bike Index](#) and/or [529 Garage](#). If your bike does get stolen you can flag it as such on the databases. The police are aware of these websites and use them to help identify suspect bikes and confirm ownership of bikes when they are recovered. Trying to put together a detailed description of your bike after it is no longer in your possession is extremely difficult.

Read [THIS](#) if your bike is stolen.

Show some love to your bikes. Gather the info and register them, just in case.

submitted by Mike Tansey

## Got your tickets?

### May 16, 2019 Club Spring Dinner

Details on page 2

# Executive Contact Information

Position	Name	Email
President	JoAnn Grand	<a href="mailto:president@seniorsski.com">president@seniorsski.com</a>
Past President	Jim Vine	<a href="mailto:pastpres@seniorsski.com">pastpres@seniorsski.com</a>
Vice President	Rosalynn Ruptash	
Secretary	Angela Kerr	<a href="mailto:secretary@seniorsski.com">secretary@seniorsski.com</a>
Treasurer	Alan Lister	<a href="mailto:treas@seniorsski.com">treas@seniorsski.com</a>
Communications	Rosalynn Ruptash	<a href="mailto:communications@seniorsski.com">communications@seniorsski.com</a>
Membership	John Zurbrigg Terry Legaarden	<a href="mailto:info@seniorsski.com">info@seniorsski.com</a>
Newsletter	Rosalynn Ruptash	<a href="mailto:newsletter@seniorsski.com">newsletter@seniorsski.com</a>
Social	Judy Mackay Penny Slevinsky	<a href="mailto:social@seniorsski.com">social@seniorsski.com</a>
Special Activities	Tom Richards Lang Jameson	<a href="mailto:activities@seniorsski.com">activities@seniorsski.com</a>
Ski Tours	Ron Brown Reg Beyer Paul Precht	<a href="mailto:tours@seniorsski.com">tours@seniorsski.com</a>
Webmaster	Bryan Harris James Donelon	<a href="mailto:webmaster@seniorsski.com">webmaster@seniorsski.com</a>

## Calendar 2019

### May 6

Golfing starts

### May 7

Biking rides start

### May 10

Fort Saskatchewan ride

**DEADLINE:** Spring Dinner tickets

### May 16

#### Spring Dinner

Woodvale Community Centre 5:00pm Cash Bar

### July 25

Summer BBQ at Woodvale

### September

Golf Tournament

## Special Activities Dates 2019

### Monday mornings

Club Golfing various courses

### Tuesday & Thursday 9:30am-Noon

Club Biking various trails

**Arrive 9:30am ready to leave at 9:45am**

### May 10

Fort Saskatchewan ride

### June 7 & 8

Camrose ride

### June 17-20

Canmore ride

### July 15-18

Calgary ride

### September date TBA

Annual Golf Tournament - Hosts required